



ISTAF INDOOR
PSD BANK DOME
24. JANUARY 2026

WELCOME LETTER



EVERYTHING YOU NEED TO KNOW ABOUT THE HOTEL

Adress: 25hours Hotel Das Tour, Louis-Pasteur-Platz 1, 40211 Düsseldorf

In case you have any questions regarding accommodation, please contact our staff members at the ISTAF-Counter located on the ground floor of the hotel.

MANAGER HOTEL: Lina Simon (+32 492 98 93 36)

PAY-TV | EXTRAS

If you would like to use the telephone or pay-TV in your hotel room, please leave your credit card details at the front desk. Beverages and food from the mini bar have to be paid by our guests and will not be covered by ISTAF INDOOR.

CHECK-OUT TIME

Please be aware that the latest check-out time on **departure day is 12:00pm!**

MEALS

Breakfast, lunch and dinner will be served as buffet. For access to lunch and dinner please show your accreditation. Water will be provided at lunch and Water and Softdrinks at Dinner, any additional consumption will be at your own charge.

MEAL TIMES

FRIDAY

LUNCH | DINNER

1pm-3pm | 7:30pm-10pm

RESTAURANT | RESTAURANT

SATURDAY

LUNCH | DINNER

1pm - 3pm | 8pm - 10pm

RESTAURANT | BAR

SHUTTLE SERVICES

MANAGER SHUTTLE: Sandra Spadzinski (+49 177 555 40 48)

DRINKS

Bottles of water (still and sparkling) and apple spritzer will be provided close to the ISTAF-Counter. **Please make sure to return bottles and cans as there is a deposit system (0,25€ per bottle and can) in place in Germany.**

MEDICAL CARE

Our meeting doctor is called Matthias Gatz. In case you need medical advice from him, please get in touch with Lina or Shari at the ISTAF-Counter.

Physiotherapeutical services will be offered at the following times:

THURSDAY 4pm - 9pm

FRIDAY 10am - 10pm

SATURDAY 10am - 1pm (Hotel) and from 4pm (Arena)

Before you obtain your treatment make sure you have an **appointment**. You can sign up on the list provided in front of the physio room.

PHYSIOTHERAPISTS



MICHAEL WENDLER



ZDENA KRAFT

PRACTICE

We offer training times at the indoor hall (oval track, gym) for all athletes, shuttle times will be sign posted at the ISTAF-Counter.

PRACTICE TIMES

FRIDAY

10am-12pm & 6pm-8pm

SATURDAY

10AM-12PM (ARENA)

PAYMENTS

Prize money and travel reimbursements can only be paid by bank transfer, after a valid invoice has been provided to the ISTAF office. All payments are subject to income tax according to §50a EstG of the German income tax law for foreign athletes as mentioned in the contract.

Please send your invoice to the following address:

ISTAF INDOOR, c/o TOP Sportevents GmbH, Hanns-Braun-Straße/Friesenhaus 1, 14053 Berlin

EVERYTHING YOU NEED TO KNOW ABOUT THE COMPETITION

To enter the ARENA you need your accreditation.

BIBS CAN BE PICKED UP:

SATURDAY, JAN 24

10am-12pm @ISTAF-Counter in the Hotel
or at Arena starting from 3pm at entrance

ACCESS TO ARENA

you will be allowed to enter the arena via the athletes entrance starting from 3pm.

CHANGING ROOMS

Changing rooms will be provided in the arena.

WARM UP AREA

To warm up, you may use the indoor facilities (two 40m lanes incl. hurdles).

DOPING CONTROL

The NADA will carry out urine doping controls according to the "WA Anti-Doping Regulations" (in force as from 1st January, 2026) and according to the rules on the WA homepage: <https://worldathletics.org/about-iaaf/documents/book-of-rules>. **Please make sure to bring a valid ID for your identification.**

COMPETITION CONTROLS

After every competition, selected athletes will be informed to attend the doping procedures.

RECORD CONTROLS

For world- or area records a test will be mandatory. In case of a national record a test is only required if it is demanded by the national federation. In this case, the responsibility lies with the athletes or/and officials. Please be aware that in many cases your shoes need to be checked as well.

CALL ROOM

All athletes of a specific discipline will enter the arena together by passing through the call room. For detailed information please check the times given in the call room list. The clothing will be checked at the call room. Advertising and displays of promotional nature on clothes and bags worn within the competition area must comply with WA Rules and Regulations. If you contravene the WA-Advertising-Rules we are forced to reduce your appearance fees as well as your prize money.

EQUIPMENT CONTROL

All personal throwing equipment must be checked in the call room. We have to inform you that only the certified throwing implements are allowed to use. The athlete must confirm by his/her signature which equipment he/she is using during the competition. You are not allowed to take technical devices such as cell phones/Tablets/Notebooks etc. into the competition area.

VICTORY CEREMONY

There will be a victory ceremony for all winners of each discipline at the end of the Meeting at approx. 10:15pm.

Non-participation at the victory ceremony will cause loss of prize money.

ATHLETES' AND COACHES SEATS

You will find designated zones on the info board in the hotel.

MEET THE FANS

Do you want to engage with your fans?! No Problem!

At the „ISTAF INDOOR Fanzone“ every athlete will have the chance to hand out autographs, take pictures or chat with fans.

The Fanzone is located **above the finish line in the stands (block 104)** and you will be able to get there **through the infield**. Walk up the stairs behind the Pole Vault mat all the way to the top and then turn left.